

# Delta Middle School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Lunch A:</b> Hamburger or Cheeseburger on Bun, Sandwich Toppings	<b>Lunch A:</b> Walking Taco, Meat, Chips & Cheese Sauce	<b>Lunch A:</b> Breakfast Sandwich on Muffin, Egg, Sausage & Cheese	<b>Lunch A:</b> Macaroni & Cheese, Dinner Roll	<b>Lunch A:</b> Cheese Filled Breadsticks w/ Marinara Sauce
<b>Lunch B:</b> Reg or Spicy Boneless Wings	<b>Lunch B:</b> Reg or Spicy Chicken Patty on Bun, Sandwich Toppings	<b>Lunch B:</b> Pepperoni Pizza	<b>Lunch B:</b> Meat & Cheese Sub, Sandwich Toppings	<b>Lunch B:</b> Uncrustable PBJ
<b>Sides:</b> French Fries, Carrots, Fruit & Milk	<b>Sides:</b> Refried Beans, Broccoli, Fruit & Milk	<b>Sides:</b> Potato Tots, Fruit & Milk	<b>Sides:</b> Toss Salad, Fruit & Milk	<b>Sides:</b> Peas, Carrots, Fruit & Milk
<b>Lunch C:</b>	<b>Lunch C:</b> Taco Salad w/ Meat, Cheese & Nacho Chips	<b>Lunch C:</b> Chef Salad w/ Meat, Cheese & Dinner Roll	<b>Lunch C:</b> Chef Salad w/ Meat, Cheese & Dinner Roll	<b>Lunch C:</b>
<b>Lunch A:</b> Shredded BBQ Pork on Bun	<b>Lunch A:</b> Nachos w/ Meat & Cheese	<b>Lunch A:</b> Chicken Bowl	<b>Lunch A:</b> Chili w/ Scoops	<b>Lunch A:</b> Big Daddy Cheese Pizza
<b>Lunch B:</b> Reg or Spicy Boneless Wings	<b>Lunch B:</b> Reg or Spicy Chicken Patty on Bun, Sandwich Toppings	<b>Lunch B:</b> Pepperoni Pizza	<b>Lunch B:</b> Hamburger or Cheeseburger on Bun, Sandwich Toppings	<b>Lunch B:</b> Breaded Fish on Bun
<b>Sides:</b> French Fries, Baked Bean, Fruit & Milk	<b>Sides:</b> Carrots, Celery, Fruit & Milk	<b>Sides:</b> Mashed Potatoes, Corn, Fruit & Milk	<b>Sides:</b> Cucumber Slices, Broccoli, Fruit & Milk	<b>Sides:</b> Green Beans, Carrots, Fruit & Milk
<b>Lunch C:</b>	<b>Lunch C:</b> Taco Salad w/ Meat, Cheese & Nacho Chips	<b>Lunch C:</b> Chef Salad w/ Meat, Cheese & Dinner Roll	<b>Lunch C:</b> Chef Salad w/ Meat, Cheese & Dinner Roll	<b>Lunch C:</b>
<b>Lunch A:</b> Spaghetti w/ Meat Sauce & Breadstick	<b>Lunch A:</b> Hamburger or Cheeseburger on Bun, Sandwich Toppings	<b>Lunch A:</b> Brunch for Lunch, French Toast Sticks, Sausage	<b>Lunch A:</b> Meat & Cheese Sub, Sandwich Toppings	<b>Lunch A:</b> Breaded Chicken Drumstick w/ Dinner Roll
<b>Lunch B:</b> Breaded Chicken Strips	<b>Lunch B:</b> Big Daddy Cheese Pizza	<b>Lunch B:</b> Italian Meatball Sub	<b>Lunch B:</b> Pepperoni Pizza	<b>Lunch B:</b> Uncrustable PBJ
<b>Sides:</b> Tossed Salad, Fruit & Milk	<b>Sides:</b> Sweet Potato Waffle Fries, Fruit & Milk	<b>Sides:</b> Potato Tots, Fruit & Milk	<b>Sides:</b> Baked Beans, Broccoli, Fruit & Milk	<b>Sides:</b> Mashed Potatoes, Carrots, Fruit & Milk
<b>Lunch C:</b>	<b>Lunch C:</b> Chef Salad w/ Meat, Cheese & Dinner Roll	<b>Lunch C:</b> Chef Salad w/ Meat, Cheese & Dinner Roll	<b>Lunch C:</b> Chef Salad w/ Meat, Cheese & Dinner Roll	<b>Lunch C:</b>
<b>Lunch A:</b> Chicken Stir-Fry over Brown Rice	<b>Lunch A:</b> Chicken Quesadilla	<b>Lunch A:</b> Chicken Parmesan w/ Spaghetti	<b>Lunch A:</b> Chicken Alfredo	<b>Lunch A:</b> French Bread Pizza
<b>Lunch B:</b> Corn Dog	<b>Lunch B:</b> Reg or Spicy Boneless Wings	<b>Lunch B:</b> Hot Ham & Cheese Pocket	<b>Lunch B:</b> Meat & Cheese Sub, Sandwich Toppings	<b>Lunch B:</b> Breaded Fish on Bun
<b>Sides:</b> Tossed Salad, Fruit & Milk	<b>Sides:</b> Refried Beans, Carrots, Fruit & Milk	<b>Sides:</b> Cucumber Slices, Celery, Fruit & Milk	<b>Sides:</b> Red Peppers, Broccoli, Fruit & Milk	<b>Sides:</b> French Fries, Carrots, Fruit & Milk
<b>Lunch C :</b>	<b>Lunch C :</b> Taco Salad w/ Meat, Cheese & Nacho Chips	<b>Lunch C:</b> Chef Salad w/ Meat, Cheese & Dinner Roll	<b>Lunch C:</b> Chef Salad w/ Meat, Cheese & Dinner Roll	<b>Lunch C:</b>

## MEAL PRICING

- Student Breakfast - \$1.75**
- Reduced Breakfast - \$0.00**
- Free Breakfast - \$0.00**
- Student Lunch - \$3.25**
- Reduced Lunch - \$0.00**
- Free Lunch - \$0.00**
- Milk Only - \$0.55**
- Adult Breakfast - \$2.50**
- Adult Lunch - \$4.50**

**Lunch options A, B, & C available during ALL Lunch Periods**

All Students **MUST** take a Fruit or Vegetable to have a complete Meal.

Condiment options, Ranch, Salsa, Ketchup, Mustard, Mayo, Tartar Sauce, BBQ Sauce. Sandwich Toppings: sliced tomatoes, sliced onions, pickles.

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**

Free & reduced meal applications along with Payforit are available at [www.pdys.org](http://www.pdys.org)

Fruit and Milk choices offered at breakfast & lunch.

Breakfast Options:	Breakfast Options:	Breakfast Options:	Breakfast Options:	Breakfast Options:
Frudel, Banana Chunk Bar, Apple Cinnamon Bar, Bagel w/ Cream Cheese or Cereal	Pancake Wrap, Yogurt Cup w/ Fruit, Bagel w/ Cream Cheese or Cereal	Scrambled Eggs w/ Muffin, bagel w/ Cream Cheese or Cereal	Cinni Mini, Pancakes, Bagel w/ Cream Cheese or Cereal	Fresh Warm Baked Cinnamon Roll, Bagel w/ Cream Cheese or Cereal

August '23							September '23							October '23							November '23							December '23						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5						1	2	1	2	3	4	5	6	7						1	2	1	2	3	4	5	6	7
6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23
27	28	29	30	31			24	25	26	27	28	29	30	29	30	31					26	27	28	29	30			24	25	26	27	28	29	30
January '24							February '24							March '24							April '24							May '24						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5						1	2						1	2			1	2	3	4	5						1	2
7	8	9	10	11	12	13	4	5	6	7	8	9	10	3	4	5	6	7	8	9	7	8	9	10	11	12	13	5	6	7	8	9	10	11
14	15	16	17	18	19	20	11	12	13	14	15	16	17	10	11	12	13	14	15	16	14	15	16	17	18	19	20	12	13	14	15	16	17	18
21	22	23	24	25	26	27	18	19	20	21	22	23	24	17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25
28	29	30	31				25	26	27	28	29			24	25	26	27	28	29	30	28	29	30					26	27	28	29	30	31	

Follow the menu with its calendar day each week is represented by a color and represents four week cycle

Menus are subject to change.

"This institution is an equal opportunity provider"

Any questions or concerns, please email Jeanne Jeffers at [jjeffers@pdys.org](mailto:jjeffers@pdys.org) or call (419) 822-3391 ext. 3110